

# Whole Person Humanism

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## Abstract

We humanists are coming to realize that science is not enough. The stereotypical view of humanism as a purely rational worldview, centered solely on a third-person perspective of the world, has become obsolete. Science itself has demonstrated that we are hard-wired for empathy and connection. Moreover, members of the most rapidly growing segment of Americans consider themselves to be “spiritual but not religious.” The American Humanist Association, The Humanist Institute, the UU Humanists and other national secular organizations now seek to integrate first-person experience, second-person empathy, and third-person rationality into a life stance that fully appreciates the wonder and celebrates the awe of being alive: whole person humanism.